

VISTA[®] 464 TLSO

Doctor: _____ Fitter: _____

Patient Name: _____ Date: _____

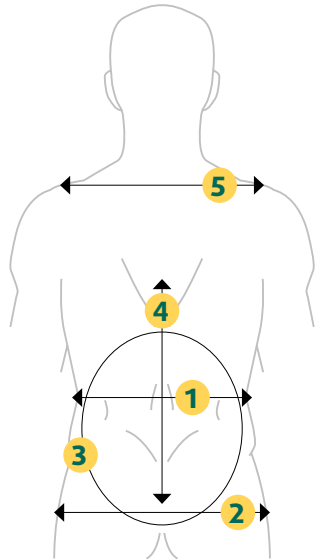
Patient #: _____ Additional Follow-Up Dates: _____

TOOLS NECESSARY: Scissors • Heat Gun • Tape Measure

FOR USE WITH PRODUCTS MANUFACTURED BY ASPEN MEDICAL PRODUCTS ONLY. THIS PRODUCT IS INTENDED FOR APPLICATION BY HEALTH CARE PRACTITIONERS AS DIRECTED BY A PHYSICIAN OR OTHER QUALIFIED MEDICAL AUTHORITY. THIS IS A PREFABRICATED ORTHOSIS. IT IS INTENDED TO BE CUSTOMIZED TO AN INDIVIDUAL PATIENT. FOLLOW THE STEPS BELOW TO CUSTOMIZE.

STEP 1 - MEASUREMENTS

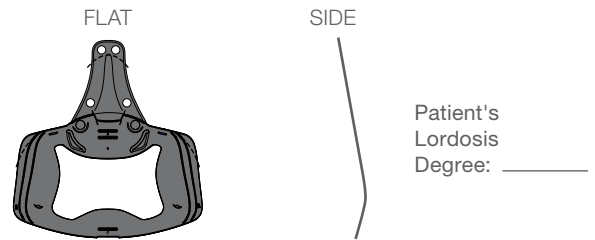
- 1 Lower Rib Circumference = _____
- 2 Hip Circumference = _____
- 3 Sacrococcygeal Junction to Inferior Scapular Spine = _____
- 4 Length from Symphysis Pubis to the Sternal Notch = _____
- 5 Distal End Clavicle = _____



TIME SPENT: _____

STEP 2 - CUSTOMIZE BACK PANEL TO ANATOMY

- A. Measure patient's lordosis then customize back panel to anatomy.
- B. To customize back panel, remove the panel, heat, trim, and reassemble.



Heat form individual patient's anatomy and contour to create intimate fit for individual's lordosis and soft tissue. Trim for individual patient's anatomy based on **3** _____

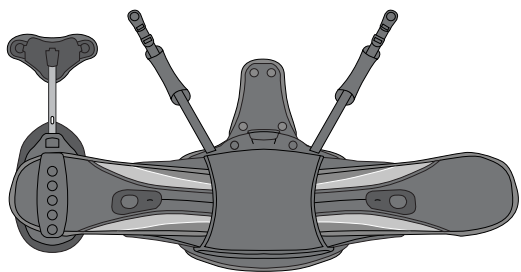
- C. Remove lordotic pad to accommodate for lordosis. YES NO

TIME SPENT: _____

STEP 3 - CUSTOMIZE SIZING AND TIGHTENING MECHANISM

SIZING IS CRITICAL TO PROPER PERFORMANCE

Use the measurements below to customize to patient's anatomy.

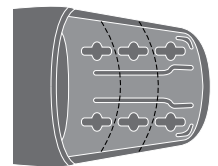


A. _____

TIME SPENT: _____

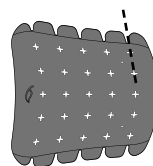
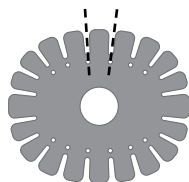
- A. Use waist circumference (average of **1** and **2** _____) to determine where to fit rivets of belt through proper sizing adjustment holes in sides of back panel.
- B. Once proper size is achieved, pull taut to lock rivets in place.
- C. Adjust length of tightening mechanism. For individual patient, it may be necessary to adjust length of closure string. Trim and adjust length of strings.
- D. If sizing yields extra plastic and if appropriate to individual's anatomy, trim extra plastic for superior customization to patient's individual anatomy.

YES. AMOUNT CUT _____
 NO



STEP 4 - MODIFY RIGID PANELS

MODIFY ANTERIOR PANEL AND LATERAL PANELS AS NECESSARY



- Remove and trim to accommodate small and extra small anatomy.
- Remove and heat mold anterior panel as necessary.

TIME SPENT: _____

VISTA[®] 464 TLSO

Doctor: _____ Fitter: _____

Patient Name: _____ Date: _____

Patient #: _____ Additional Follow-Up Dates: _____

TOOLS NECESSARY: Scissors • Heat Gun • Tape Measure

STEP 5 - TLSO ADJUSTMENT

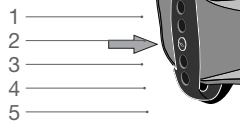
A. Customize T-bar. Use measurement **4** (_____) to determine the configuration of aluminum T-bar.



B. Bend aluminum T-bar for patient's individual anatomy.



C. Anterior slot system number: _____



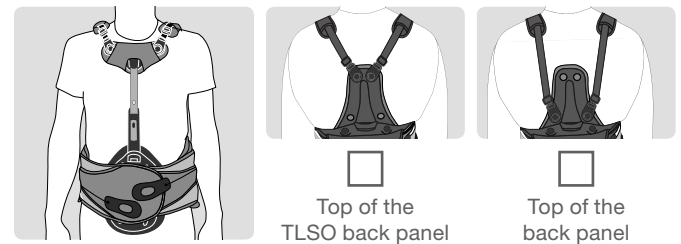
TIME SPENT: _____

D. Determine which shoulder strap configuration is best for patient's individual anatomy and required motion restriction.

Under the arm configuration



Over the shoulder configuration

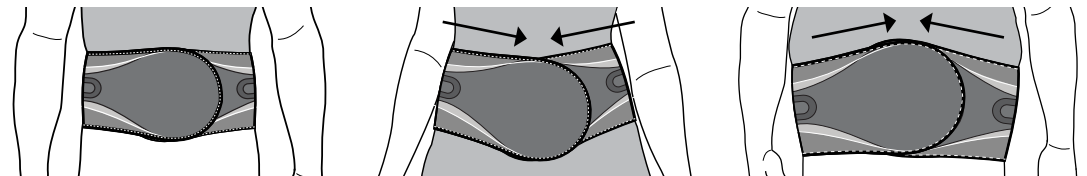


STEP 6 - CUSTOMIZE BELT FIT

ANGLE ANTERIOR PANELS

Every patient has a unique individual anatomy. Determine angulation for proper fit. Circumferential contact at both upper and lower margins of brace is essential for proper brace performance and support.

A. Bend anterior panel to conform to patient's anatomy.
B. Angle anterior panels:



TIME SPENT: _____

Neutral Configuration for best support

Inferior Angulation Configuration for best support

Superior Angulation Configuration for best support

STEP 7 - EDUCATION

EDUCATE PATIENTS

Proper education is needed for individual to maintain proper fit throughout total time of wear.

Items to educate patients on:

Independent compression mechanics

Proper angulation to ensure circumferential contact

Proper cleaning

TIME SPENT: _____

Don and doffing

Proper placement of brace

Follow up appointments

CLINICAL JUSTIFICATION FOR CUSTOMIZING BRACE

TOTAL TIME TO CUSTOMIZE BRACE: _____